

Hvad viser ny forskning i STOPbasen?

Hanne Tønnesen

WHO-CC direktør

Clinical Health Promotion Centre,



WHO-CC for Evidence-based Clinical Health Promotion

Parker Instituttet



Article

The Concept of a Large Group-Based Approach for Intensive Smoking Cessation: The Gold Standard Program (GSP)

Mie Sylow Liljendahl ^{1,*} , Marianne Ahrenkiel Søgaard ² and Hanne Tønnesen ¹ 

¹ Clinical Health Promotion Centre, WHO-CC, Parker Institute, Bispebjerg & Frederiksberg Hospital, 2000 Frederiksberg, Denmark; hanne.tonnesen@regionh.dk

² Development and Prevention, Silkeborg Kommune, 8600 Silkeborg, Denmark

* Correspondence: mie.sylow.liljendahl.01@regionh.dk

Abstract: In this study, the effect of the intensive “Quitter” intervention for smoking cessation was examined and compared to the standardized intensive intervention used in Denmark. The Quitter intervention, based on the Gold Standard Program (Q-GSP), involves large groups of approximately 70 participants, while the standardized GSP typically involves groups of 10–15 participants. In total,

Hanne Tønnesen, WHO-CC direktør,
Clinical Health Promotion Centre, Parker Instituttet, BFH



Annals of Case Reports

Liljendahl, et al. Ann Case Rep: 9: 102009

www.doi.org/10.29011/2574-7754.102009

www.gavinpublishers.com

OPEN ACCESS



GAVIN PUBLISHERS

Case Report

Challenges of Smoking Cessation Among very Socially Vulnerable

**Mie Sylow Liljendahl^{1*}, Mette Philippsberg Jepsen², Mette Nielsen³,
Hanne Tønnesen¹**

¹Clinical Health Promotion Centre, WHO-CC, Parker Institute, Bispebjerg & Frederiksberg Hospital, University of Copenhagen, Denmark

²Secretariat, Health community – inter-municipal cooperation between 4 municipals, Denmark

³Health, Development and Education, Glostrup, Denmark.

Hanne Tønnesen, WHO-CC direktør,
Clinical Health Promotion Centre, Parker Institutet, BFH



Clinical Health Promotion Centre • STOPbasen
Bispebjerg & Frederiksberg Hospital • Parker Institutet

Intensive smoking cessation intervention in a nature-based setting: a feasibility study of the Danish Gold Standard Program (GSP)

Mie S. Liljendahl^{1*}, Sanne Staal², Hanne Tønnesen¹

¹Clinical Health Promotion Centre, WHO-CC, Parker Institute, Bispebjerg & Frederiksberg Hospital, University of Copenhagen, Denmark, ²Center for Health Promotion, Holstebro kommune, Denmark

Submitted to Journal:
Frontiers in Public Health

Specialty Section:
Public Health Education and Promotion

Article type:
Original Research Article

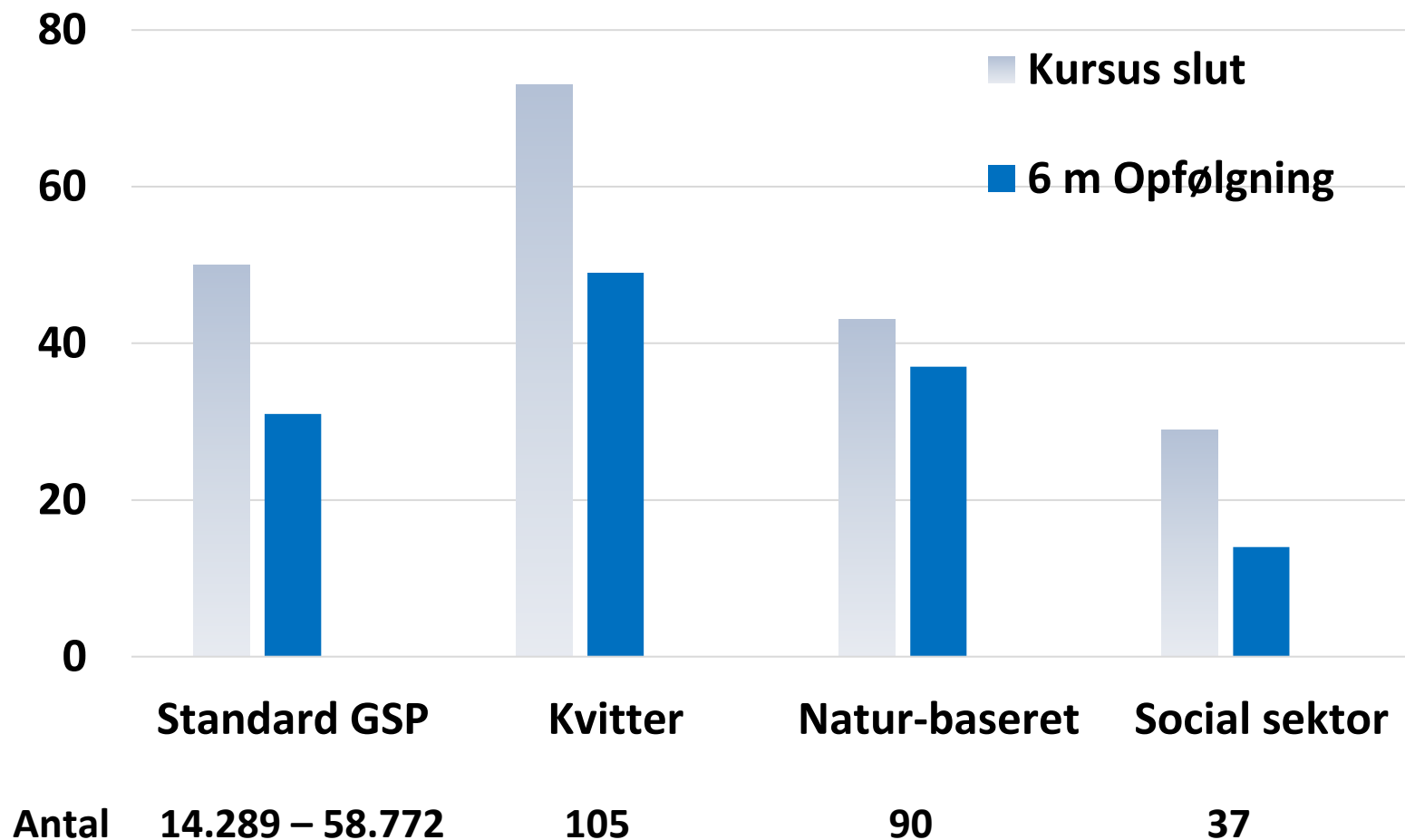
Manuscript ID:
1470820

Received on:
07 Aug 2024

Journal website link:
www.frontiersin.org

Hanne Tønnesen, WHO-CC direktør,
Clinical Health Promotion Centre, Parker Instituttet, BFH

Resultater: Alle settings er feasible



Hanne Tønnesen, WHO-CC direktør,
Clinical Health Promotion Centre, Parker Institutet, BFH

